



## CHEST

Place the measuring tape under your arms, around your chest along the fullest part.

## WAIST

Measure around the waist, above the belly button along the slimmest part without tightening the measuring tape.

## HIPS

Standing with your feet together, measure along the fullest part of your hips.

## INSEAM

Measure the length of the inner leg, from the top of the thigh to the ankle.

## MEASURING GUIDE

\*Garment measurement in Inches/Centimeters

### Trousers

BRAND SIZE	46	48	50	52	54
EQUIVALENT SIZE	S	M	L	XL	XXL
Garment Waist (in)	31.5	33	35	37	39.5
Garment Inseam (in)	30.7	30.7	30.7	30.7	30.7
Hip (in)	40	42	43	45	48
Thigh (in)	24	25.3	26.3	28	29.5
INSEAM (CROPPED) (in)	28.7	28.7	28.7	28.7	28.7
Garment Waist (cm)	80	84	89	94	100
Garment Inseam (cm)	78	78	78	78	78
Hip (cm)	102	107	109	114	122
Thigh (cm)	61	64	67	71	75
INSEAM (CROPPED) (cm)	73	73	73	73	73

### Jeans - Liam (Skinny fit)

BRAND SIZE	28/32	29/32	30/32	31/32	32/32	32/34	33/34	34/32	34/34	36/34	38/34	40/34	42/34
Waist (in)	29.8	30.8	31.8	32.8	33.8	33.8	34.8	35.8	35.8	37.6	39.6	41.6	43.6
Garment Inseam Length (in)	31.8	31.8	31.8	31.8	31.8	33.8	33.8	31.8	33.8	33.8	33.8	33.8	33.8
Hip (in)	17.3	17.8	18.3	18.8	19.2	19.2	19.8	20.2	20.2	21.2	22.2	23.2	24.2
Thigh (in)	10.4	10.7	11	11.3	11.6	11.6	11.9	12.2	12.2	12.7	13.3	13.9	14.5
Garment Waist (cm)	76	78	81	83	86	86	88	91	91	96	101	106	111
Garment Inseam Length (cm)	81	81	81	81	81	86	86	81	86	86	86	86	86
Hip (cm)	44	45	46	48	49	49	51	51	54	56	57	59	61
Thigh (cm)	26	27	27	29	29	29	30	31	31	32	34	35	37

### Jeans - Ben (Skinny fit)

BRAND SIZE	28/32	29/32	30/32	31/32	32/32	32/34	33/34	34/32	34/34	36/34	38/34	40/34	42/34
Waist (in)	29.8	30.8	31.8	32.8	33.8	33.8	34.8	35.8	35.8	37.6	39.6	41.6	43.6
Garment Inseam Length (in)	31.8	31.8	31.8	31.8	31.8	33.8	33.8	31.8	33.8	33.8	33.8	33.8	33.8
Hip (in)	17.3	17.8	18.3	18.8	19.2	19.2	19.8	20.2	20.2	21.2	22.2	23.2	24.2
Thigh (in)	10.4	10.7	11	11.3	11.6	11.6	11.9	12.2	12.2	12.7	13.3	13.9	14.5
Garment Waist (cm)	76	78	81	83	86	86	88	91	91	96	101	106	111
Garment Inseam Length (cm)	81	81	81	81	81	86	86	81	86	86	86	86	86
Hip (cm)	44	45	46	48	49	49	50	51	51	54	56	59	61
Thigh (cm)	26	27	28	29	29	29	30	31	31	32	34	35	37

### Jeans - Glenn (Slim fit)

BRAND SIZE	28/32	29/32	30/32	31/32	32/32	32/34	33/34	34/32	34/34	36/34	38/34	40/34	42/34
Waist (in)	29.8	30.8	31.8	32.8	33.8	33.8	34.8	35.8	35.8	37.6	39.6	41.6	43.6
Garment Inseam Length (in)	31.8	31.8	31.8	31.8	31.8	33.8	33.8	31.8	33.8	33.8	33.8	33.8	33.8
Hip (in)	16.9	17.4	17.9	18.4	18.8	18.8	19.3	19.8	19.8	20.8	21.8	22.8	23.8
Thigh (in)	10.4	10.7	11	11.3	11.6	11.6	11.9	12.2	12.2	12.7	13.3	13.9	14.8
Garment Waist (cm)	76	78	81	83	86	86	88	91	91	96	101	106	111
Garment Inseam Length (cm)	81	81	81	81	81	86	86	81	86	86	86	86	86
Hip (cm)	43	44	45	47	48	48	49	50	50	53	55	58	60
Thigh (cm)	26	27	28	29	29	29	30	31	31	32	34	35	38

### Jeans - Tim (Slim fit)

BRAND SIZE	28/32	29/32	30/32	31/32	32/32	32/34	33/34	34/32	34/34	36/34	38/34	40/34	42/34
Waist (in)	30.2	31.2	32.2	33.2	34.2	34.2	35.2	36.2	36.2	38	40	42	44
Garment Inseam Length (in)	31.8	31.8	31.8	31.8	31.8	33.8	33.8	31.8	33.8	33.8	33.8	33.8	33.8
Hip (in)	17.9	18.4	18.8	19.4	19.8	20.3	20.3	20.8	20.8	21.8	22.8	23.8	24.8
Thigh (in)	10.8	11.1	11.4	11.7	12	12	12.3	12.5	12.5	13.1	13.7	14.3	14.9
Garment Waist (cm)	77	79	82	84	87	87	89	92	92	97	102	107	112
Garment Inseam Length (cm)	81	81	81	81	81	86	86	81	86	86	86	86	86
Hip (cm)	45	47	48	49	50	52	52	53	53	55	58	60	63
Thigh (cm)	27	28	29	30	30	30	31	32	32	33	35	36	38

### Jeans - Erik (Anti-fit)

BRAND SIZE	28/32	29/32	30/32	31/32	32/32	32/34	33/34	34/32	34/34	36/34	38/34	40/34	42/34
Waist (in)	30.2	31.2	32.2	33.2	34.2	34.2	35.2	36.2	36.2	38	40	42	44
Garment Inseam Length (in)	31.8	31.8	31.8	31.8	31.8	33.8	33.8	31.8	33.8	33.8	33.8	33.8	33.8
Hip (in)	18	18.5	19	19.5	20	20	20.5	20.9	20.9	21.9	22.9	23.9	24.9
Thigh (in)	11.4	11.7	12	12.3	12.5	12.5	12.9	13.1	13.1	13.7	14.3	14.9	15.5
Garment Waist (cm)	77	79	82	84	87	87	89	92	92	97	102	107	112
Garment Inseam Length (cm)	81	81	81	81	81	86	86	81	86	86	86	86	86
Hip (cm)	46	47	48	50	51	51	52	53	53	56	58	61	63
Thigh (cm)	29	30	30	31	32	32	33	33	33	35	36	38	39

### Jeans - Mike (Comfort-fit)

BRAND SIZE	28/32	29/32	30/32	31/32	32/32	32/34	33/34	34/32	34/34	36/34	38/34	40/34	42/34
Waist (in)	30.2	31.2	32.2	33.2	34.2	17.1	35.2	36.2	36.2	38	40	42	44
Garment Inseam Length (in)	31.8	31.8	31.8	31.8	31.8	33.8	33.8	31.8	33.8	33.8	33.8	33.8	33.8
Hip (in)	17.7	18.2	18.7	19.1	19.6	19.6	21.1	20.6	20.6	21.6	22.6	23.6	24.6
Thigh (in)	11.4	11.7	12	12.3	12.5	12.5	12.9	13.1	13.1	13.7	14.3	14.9	15.5
Garment Waist (cm)	77	79	82	84	87	43	89	92	92	97	102	107	112
Garment Inseam Length (cm)	81	81	81	81	81	86	86	81	86	86	86	86	86
Hip (cm)	45	46	47	49	50	50	54	52	52	55	57	60	62
Thigh (cm)	29	30	30	31	32	32	33	33	33	35	36	38	39

### Jeans - Clark (Regular-fit)

BRAND SIZE	28/32	29/32	30/32	31/32	32/32	32/34	33/34	34/32	34/34	36/34	38/34	40/34	42/34
Waist (in)	30.2	31.2	32.2	33.2	34.2	34.2	35.2	36.2	36.2	38	40	42	44
Garment Inseam Length (in)	31.8	31.8	31.8	31.8	31.8	33.8	33.8	31.8	33.8	33.8	33.8	33.8	33.8
Hip (in)	17.7	18.2	18.7	19.1	19.6	19.6	21.1	20.6	20.6	21.6	22.6	23.6	24.6
Thigh (in)	11.1	11.4	11.7	12	12.3	12.3	12.6	12.9	12.9	13.5	14	14.6	15.2
Garment Waist (cm)	77	79	82	84	87	87	89	92	92	97	102	107	112
Garment Inseam Length (cm)	81	81	81	81	81	86	86	81	86	86	86	86	86
Hip (cm)	45	46	47	49	50	50	54	52	52	55	57	60	62
Thigh (cm)	28	29	30	30	31	31	32	33	33	34	36	37	39

### Chinos/ Pants

BRAND SIZE	28/32	29/32	30/32	31/32	32/34	34/32	34/34	36/34	38/34	40/34	42/34
Waist (in)	30	31	32	33	34	35	36	38	40	42	44
Garment Inseam Length (in)	32	32	32	34	32	32	34	34	34	34	34
Hip (in)	35	36	37	38	39	40	41	43	45	47	49
Thigh (in)	22	22.75	23.5	24.25	25	25.75	26.5	28	29.5	31	32.5
Garment Waist (cm)	76	79	81	84	86	89	91	97	102	107	112
Garment Inseam Length (cm)	81	81	81	86	81	81	86	86	86	86	86
Hip (cm)	89	91	94	97	99	102	104	109	114	119	124
Thigh (cm)	56	58	60	62	64	65	67	71	75	79	83

### Shorts/ Sweat shorts

BRAND SIZE	S	M	L	XL	XXL
Waist (in)	31.6	33.6	35.6	37.4	39.6
Garment Inseam Length (in)	9	9	9	9	9
Hip (in)	19.6	20.6	21.6	22.6	23.6
Thigh (in)	12	12.4	12.7	13.3	13.9
Garment Waist (cm)	80	85	90	95	101
Garment Inseam Length (cm)	23	23	23	23	23
Hip (cm)	50				